



## STALKING INCIDENT AND BEHAVIOR LOG

Stalking is a crime that affects 7.5 million people in the United States each year. The Department of Justice defines “stalking” as: [when someone engages] in a course of conduct directed at a specific person that would cause a reasonable person to fear for [their] safety or the safety of others or suffer substantial emotional distress. It can be important to document harmful behaviors and keep a log of stalking-related incidents, especially if considering utilizing the criminal/civil justice systems. Keeping a log, like this one, can help establish patterns of behavior, often allowing for more effective safety planning.

*For more information, you can visit: [www.stalkingawareness.org](http://www.stalkingawareness.org)*

**Name of Victim/Survivor:** \_\_\_\_\_ **Pronouns:** \_\_\_\_\_

### **Information of the person causing harm/stalker/abuser:**

(Attach pictures of person if any)

Full Name: \_\_\_\_\_

Other names used (aliases, nicknames): \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Sex (assigned at birth): \_\_\_\_\_

Gender, if known: \_\_\_\_\_ Gender expression: \_\_\_\_\_

Home Address, last known: \_\_\_\_\_

Driver's license #: \_\_\_\_\_ State: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Race/ethnicity: \_\_\_\_\_ Language(s) spoken: \_\_\_\_\_

Known Gang Affiliation: \_\_\_\_\_

Do they have weapons?: \_\_\_ (Y/N) Licensed to carry a firearm?: \_\_\_ (Y/N)

Have they been arrested in the past?: \_\_\_ (Y/N) If yes, what were they arrested for?

\_\_\_\_\_

### **Physical Description:**

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Hair Color: \_\_\_\_\_ Eye Color: \_\_\_\_\_

Wears Glasses?: \_\_\_\_\_ (Y/N) Identifying Features (Scars, tattoos): \_\_\_\_\_

\_\_\_\_\_

### **Vehicle Information: (Make, Model, Color, License Plate #)**

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**Employer of Person Who Harms/Stalker/Abuser:** (Occupation, company name, address, phone #, supervisor)

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**Optional Reflection**

When did this stalking behavior begin?

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Have you asked this person to stop their behavior(s) toward you? If so, please describe (date, time, what you said, how they reacted):

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What else feels important to document about your experience? \_\_\_\_\_

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Please note: This information could potentially be introduced as evidence or inadvertently shared with the person causing you harm at a future time, **you may want to consider not including any information in the log that you do not want that person to see.**

## STALKING INCIDENT LOG

Date	Time	Witness Name(s) (Attach Address and Phone #)	Police Call (Report #, Officer Name, Badge #)
<b>Description of Incident:</b> (Location, injuries sustained, how did you feel)			

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